



Emory University
Staff Council
Newsletter

OCTOBER 2025

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OCTOBER MEETING OVERVIEW

Guests

- **Noelle McAfee**, University Senate President & Faculty Council Chair
- **Clevevoya Gaston**, FSAP Outreach Team

Welcome & Opening

- Staff Council President, Liz Carlino welcomed attendees to the second Staff Council meeting of the year

Agenda Overview

- University Senate Overview - Remarks by Noelle
- FSAP Presentation - Faculty Staff Assistance Program
- Committee Updates
 - Hardship Fund
 - Community Fridge & Pantry
 - Membership & Engagement
 - Health & Wellness
 - Special Events
- Wellness Exercise - *Lead by Danielle Lenane, MC, EP-C*
- Decisions & Action Items



FULL MEETING SUMMARY - AVAILABLE SOON

Thank you to all who attended the October Staff Council meeting. For those who were unable to join or would like a more detailed recap, the official meeting minutes are currently under review and will be published soon.

Meeting Minutes will be available on our Staff Council website. We encourage all staff to review them to stay informed about council discussions, decisions, and upcoming initiatives.

ACCESS MORE DETAILS ON OUR [WEBSITE](#)



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Staff Council



2025-2026

Staff Council October Meeting

**Took place on
Wednesday
October 15th, 2025
from 12 p.m. - 1:30p.m.**

Meeting held at the
Emory Student Center
Dining Hall, Dobbs
Common Table

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Strengthening Our Workplace: Council Members Share Ideas & Insights

OCTOBER 15TH, 2025 AT EMORY STUDENT CENTER - DOBBS COMMON TABLE



STAFF COUNCIL IN ACTION

A visual recap of the latest meeting where members collaborated on initiatives to enhance workplace culture and performance.



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Staff Council Committee Updates

2025-2026



Committees are smaller groups formed within the council to focus on specific areas of responsibility. Committees are created to divide workload, provide expertise, improve efficiency, encourage transparency and staff input.

Hardship Fund Committee

RESPONSIBLE FOR CREATING AWARENESS AND SOLICITATING DONATIONS



Seeking volunteers for campaign ideas, advertising, and communications.

Contact Tiffany Boller at tiffany.boller@emoryhealthcare.org to sign up to volunteer or for more information.

Community Fridge & Pantry Committee

SUPPORTS FOOD SECURITY BY MAINTAINING ACCESSIBLE RESOURCES FOR STAFF IN NEED



Keely Bass is now leading Community Fridge & Pantry Committee engagement and volunteer efforts. *Interested in helping out? Contact Keely Bass at keely.bass@emory.edu to sign up to volunteer or for more information.*

Membership & Engagement Committee

FOSTERS ACTIVE PARTICIPATION IN STAFF COUNCIL



Partnering with Special Issues & Events Committee to table at campus events to increase visibility.

Interested in joining? Please contact Maria De Leon at medeleo@emory.edu to sign up to volunteer or for more information.



Now accepting staff nominations for Staff Council Newsletter: Spotlight Series. *See Spotlight Series Section for more information.*



Staff Council to assist the coordination of Staff Fest 2026.

Seeking volunteers! Please contact, Ivoree Malcolm at imalcom@emory.edu to sign up to volunteer or for more information.

Health & Wellness Committee

FOCUSED ON INITIATIVES THAT SUPPORT PHYSICAL, MENTAL, AND EMOTIONAL HEALTH FOR ALL STAFF



Last call to earn well-being incentives or Health Emory Rewards now through November 15th, 2025! Don't miss out on your chance to earn your incentives and rewards. As an Emory employee, you have access to well-being resources to keep your mind and body strong – at no cost to you.



See Well-Being Corner Section for more curated insights on the next page!



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Well-Being Corner

BROUGHT TO YOU BY THE HEALTH & WELLNESS COMMITTEE



The Well-Being Corner brings you curated insights and timely updates from Healthy Emory, spotlighting essential resources, initiatives, and wellness tips to help staff stay informed, supported, and empowered in their personal and professional well-being



Last Call to Earn Your Incentives and Rewards!

Don't miss out on your chance to earn your incentives and rewards. As an Emory employee, you have access to well-being resources to keep your mind and body strong – at no cost to you. By completing the below activities, you can earn well-being incentives or Healthy Emory Rewards now through November 15!

Earn While You Thrive: Your Well-Being Incentive Guide

A BREAKDOWN OF HOW YOU CAN EARN CASH REWARDS OR RAFFLE ENTRIES BY COMPLETING KEY WELLNESS AND DEVELOPMENT ACTIVITIES.

\$25 Incentives

(1 Raffle Entry Each)

- 1) Complete the [RealAge Health Assessment in Healthy Emory Connect \(Sharecare\)](#): See how your body's age compares to your calendar age and get content, resources, and more - just for you!
- 2) Complete the [Fidelity Financial Wellness Checkup](#): Find out what you're doing well and what steps you may need to take to improve your financial well-being.
- 3) Complete the [Career Learning Series](#): Invest in personal and professional growth by completing select training courses while you earn rewards

Healthcare Employees Click [here](#) to learn more.

University Employees Click [here](#) to learn more.

Up to \$100 Incentive

(1 Raffle Entry per quarter)

- 1) Complete your final [Unwinding Mini-Course](#): Manage stress and build resilience in the workplace and at home while also improving sleep, mental health, and quality of life. **Earn \$25 per mini-course each quarter (up to \$100/year)**



[Click here to view the Healthy Emory November 2025 Newsletter.](#)

Questions? Email us at healthyemory@emory.edu

\$50 Incentive

(1 Raffle Entry)

- 1) Complete your [Annual Preventive Wellness Visit](#): with your provider (Well-Adult or Well-Woman visits): Detect health issues early when treatment is easier and less expensive; check your medical plan portal for completion.
 - **Aetna Members**
 - Check your [member portal](#) to confirm completion of this incentive.
 - Click [here](#) for a [step-by-step guide](#) to review completion.
 - Note: This incentive will not appear on the Healthy Emory Connect (Sharecare) platform.
 - **Kaiser Permanente Members**
 - The Annual Preventive Wellness Exam incentive will show as completed on [Healthy Emory Connect \(Sharecare\)](#), and your member portal.
 - Healthcare Employees, [click here](#) for more information
 - University Employees, [click here](#) for more information



Healthy Emory Service Request

Emory offers various programs, resources, and services to support and promote your health-living efforts. The Healthy Emory initiative was established to enhance employee health and well-being in areas such as physical activity, nutrition, sleep & recovery, social & community, tobacco avoidance, and stress management.

[Click here](#) to request service.

Council in Session: Monthly Meetings

CONNECT, CONTRIBUTE, COLLABORATE

 The Staff Council convenes every third Wednesday from September through May at 12:00 p.m., bringing together division representatives and invited speakers to address key staff matters and strategic initiatives.

**UPCOMING MEETINGS FOR COUNCIL MEMBERS.
MEETINGS ARE CONDUCTED IN PERSON AND VIA ZOOM.**



WEDNESDAY, NOVEMBER 19TH, 2025

Location: Dobbs Common Table - Emory Student Center Dining Hall

Time: 12:00 p.m. - 1:30 p.m.

Address: 605 Asbury Circle, Atlanta GA 30322

Directions & Parking: [Emory Campus + Visitor Parking Map](#)



WEDNESDAY, DECEMBER 17TH, 2025

Location: Dobbs Common Table - Emory Student Center Dining Hall

Time: 12:00 p.m. - 1:30 p.m.

Address: 605 Asbury Circle, Atlanta GA 30322

Directions & Parking: [Emory Campus + Visitor Parking Map](#)



WEDNESDAY, JANUARY 21ST, 2026

Location: Dobbs Common Table - Emory Student Center Dining Hall

Time: 12:00 p.m. - 1:30 p.m.

Address: 605 Asbury Circle, Atlanta GA 30322

Directions & Parking: [Emory Campus + Visitor Parking Map](#)



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ANNOUNCEMENTS

Staff Council Announcements

Stay informed with the latest updates, recognitions, and important news from across our community.



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SPOTLIGHT SERIES

Monthly Honoree Feature

Staff Council's Past President (2024-2025)

Recognizing and
honoring the Past
Presidents leadership
and contributions
during their tenure



APRIL RC COOPER

SCHOOL OF MEDICINE - HUMAN RESOURCES OPERATIONS, LEAD

 Staff Council Past President refers to someone who previously held the role of President that shall assist the Council in an advisory capacity as needed.

THANK YOU TO OUR STAFF COUNCIL PAST PRESIDENT

As we look ahead to a new year of collaboration and growth, the Staff Council would like to take a moment to honor and thank our Past President, April RC Cooper, for their outstanding leadership and dedication throughout the last term. Under their guidance, the Council made meaningful strides in fostering a more inclusive, engaged, and empowered staff community.

From championing new initiatives to strengthening communication across departments, April's contributions have left a lasting impact. We are deeply grateful for the time, energy, and passion they brought to the role, and we look forward to building on the strong foundation they helped create.

Please join us in celebrating April and expressing our heartfelt appreciation for a remarkable year of service!

With gratitude,
Staff Council



Spotlight Series: Call for Nominations



Celebrating Excellence Across Our Teams

WHAT IS THE SPOTLIGHT SERIES?

- A monthly feature in our newsletter which highlights outstanding contributions, achievements, or inspiring stories from our colleagues
- Aims to foster appreciation, connection, and recognition across departments

WHY IT MATTERS

- Builds a culture of recognition and inclusion
- Encourages cross-functional visibility
- Boosts morale and engagement
- Celebrates the diverse talents and efforts within our organization

WHO CAN BE NOMINATED?

- Any employee across any department
- Individuals or teams
- Criteria:
 - *Exceptional performance*
 - *Innovative thinking*
 - *Community involvement*
 - *Inspiring personal story or journey*

HOW TO NOMINATE

- Submit your nomination by completing the [Spotlight Series Nomination Form via this link](#)
- **Include:**
 - Name of Nominee
 - Nominee's Emory Email Address
 - Brief description of why they deserve to be spotlighted
 - Any supporting details or stories
 - Nominator's Name
 - Nominator's Emory Email Address



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DEADLINE: NOVEMBER 21ST, 2025

HAVE QUESTIONS OR NEED HELP WITH YOUR NOMINATION?
REACH OUT TO MARIA DE LEON AT MEDELEO@EMORY.EDU

17th ANNUAL

EMORY VETERANS DAY CEREMONY

TUESDAY | NOVEMBER 11, 2025 | 11AM
EMORY QUADRANGLE

REGISTER TODAY

Join us as we honor the service and sacrifice of our nation's veterans

PROGRAM SPEAKERS

Justice Leah Ward Sears, 80JD
Interim President, Emory University

Hurl Taylor, 85JD, 86LLM, 16MRPL, 25MBV – Keynote Speaker
Vietnam Combat Veteran and four-time Emory graduate,
including the inaugural Master in Business for Veterans Class of 2025

Major General (Ret.) Matthew D. Smith, U.S. Army, MBA01 – MC
Executive Director of Veterans Initiatives, Emory University

<https://tinyurl.com/EmoryVetsDay25>



Contact Andrew West, 93C, Honor Guard Lead,
at andrew.west@emory.edu for more information

SPONSORS





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Reminder!

Annual Benefits Open Enrollment Ends Soon

Last Day: Monday, November 3rd, 2025



Annual enrollment provides you with an opportunity to review your current benefits and make changes for the upcoming year January 1-December 31, 2026.

The [annual enrollment website](#) contains all the information you need to know about your 2026 benefits, including the [2026 Benefits Guide](#).

What's New for 2026?

Medical, Dental, and Vision Rates

Medical costs continue to rise overall. As a result, there will be an increase of 7.5% in medical plan rates. Emory remains committed to paying 90% of the coverage for our employees. However, coverage for family members is subsidized at a lower percentage. Dental and vision plan rates will remain the same as last year. [View rates](#).



**FOR BENEFITS-RELATED QUESTIONS, SEND AN EMAIL TO
HRBENEF@EMORY.EDU**

2026 Mentor Emory Program

FOSTERING PROFESSIONAL GROWTH OF BOTH MENTORS AND MENTEES



The Mentor Emory program provides individuals with one-to-one partnering that enhances the growth of both the mentee and the mentor. No matter what your professional goals are or where you are in your career, you can benefit from this program.



About this program

Ideal mentors are experienced professionals with the desire to coach, support and develop another individual. Potential mentors will coach the mentee through a self-discovery process as well as enhance their own coaching and listening skills. Employees in leadership roles, faculty members and principal investigators are strongly encouraged to serve as mentors.

Ideal mentees have clear objectives, a willingness to receive feedback, and a desire to focus on their own professional growth.

Program Goals

The goals of the Mentor Emory Program are to:

- Foster the professional growth of both mentors and mentees
- Provide enhanced communication and connectivity
- Instill a sense of belonging amongst participants
- Help Emory retain talent

Nomination and Selection Process

Potential mentors and mentees can either be nominated by someone else or nominate themselves to participate in this program. If you nominate yourself, you must still have the formal support of your manager in the form of a letter of recommendation, submitted with your application.

Mentee-Mentor pairs are matched based on common goals and expertise. Participants will be selected based on their stated goals, availability of a potential mentor, and manager recommendation.

Program Cost

There is no cost to participate in this program.

Expectations

Mentors and mentees must:

- Attend the kick-off and orientation programs
- Participate in all Mentor Emory activities
- Devote two hours per month to the mentoring process
- Follow through on commitments

Discover all the great things this program has to offer and get a clear picture of the commitment it takes to succeed by reviewing the Program-at-a-Glance!

 [Program-at-a-Glance \(mentees\)](#).

 [Program-at-a-Glance \(mentors\)](#).

Application Deadline

Date: Monday, November 10th, 2025

Time: 5:00 p.m.

Have questions or need more information? Contact Neffertiti Harwell, Manager, Learning & Development at neffertiti.harwell@emory.edu



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Transportation & Parking Services

SUSTAINABLE RIDES. SEAMLESS ACCESS. CONNECTED CAMPUS



Transportation and Parking Services is a department of the Finance and Business Operations division of Campus Services



The Mission of Transportation and Parking Services

Support and promote the academic, research, business, and service objectives of Emory University and Emory Healthcare through effective and proactive parking and transportation operations, facilities, and programs.

The department's goal is to serve the Emory community with fairness, courtesy, consistency, and efficiency.

We strive on a daily basis to provide:

- Well-maintained parking
- Pleasant, courteous, and helpful customer service
- Programs and services that support Emory's sustainability goals
- Enforcement to protect the rights of permit holders and visitors
- Support for campus events

The Transportation and Parking Advisory Committee

The Transportation and Parking Advisory Committee (TPAC) is a subcommittee of the University Senate. This committee, made up of Emory community members, serves as a venue for discussing parking and transportation issues and reports back to the University Senate.

The committee works closely as an advisory committee to the Transportation and Parking Department of Emory University.

Committee members also serve on the Parking Violation Appeals Board reviewing personal and written citations.

Contact Info

Contact a Parking Services representative or visit the Parking Services office in the Starvine parking deck (Clairmont campus). Take Emory C, E, or LOOP shuttle from Woodruff Circle or elsewhere on main campus.

Office Hours: Monday - Friday 9am - 3pm

Send us an email

- Parking Services: parking@emory.edu
- Transportation Services and Commute Alternatives: commute@emory.edu
- Fleet Services: csfleet@emory.edu

Explore Services Available

Shuttles

[Find Your Route](#)

[Live Shuttle Tracking](#)

[SafeRide](#)

[Charter Shuttle Service](#)

[Paratransit Service](#)

[Onboard Advertising](#)

Parking

[Visitors](#)

[Permit Parking](#)

[Special Requests](#)

[Parking Maps](#)

[View My Account](#)

[Campus Parking Guide](#)

[Citations & Fines](#)

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[Electric Vehicle Charging](#)

Commute Resources

[Biking](#)

[Carpool](#)

[Transit](#)

[Vanpool](#)

[Walking](#)

Fleet Management

News



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Staff Council Resource Highlights

INFORMATION & ASSISTANCE FOR OUR COMMUNITY



This section highlights essential updates, resources, reminders, and announcements relevant to staff. From policy changes to upcoming deadlines, we aim to keep you informed and prepared.



The Community Fridge & Pantry

PROVIDING ACCESSIBLE FOOD RESOURCES FOR STAFF

The Staff Council is proud to support the Community Fridge & Pantry initiative, which offers free, nutritious food items to staff in need. This resource is available year-round and aims to promote wellness and food security across our campus community.

Learn more by visiting the website: [The Community & Fridge & Pantry](#).



Hardship Fund

FINANCIAL SUPPORT DURING CHALLENGING TIMES

Designed to assist staff members facing unexpected financial difficulties. Whether due to medical emergencies, housing instability, or other personal challenges, this fund provides confidential, short-term support to help ease the burden.

Learn more by visiting the website: [Financial Programs - Hardship Fund](#)



University Senate Updates

INSIGHTS FROM RECENT GOVERNANCE MEETINGS

Stay informed with key updates from the University Senate. Visit their webpage for recent decisions, policy changes, and discussions that may impact staff, departments, and the broader university community. Beginning September 2025, anyone with an Emory email can attend University Senate meetings.

Learn more by visiting the website: [Emory University Senate](#)



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SC: Resource Highlights - Continued

INFORMATION & ASSISTANCE FOR OUR COMMUNITY



This section highlights essential updates, resources, reminders, and announcements relevant to staff. From policy changes to upcoming deadlines, we aim to keep you informed and prepared.



Faculty Staff Assistance Program

RESOURCES TO PROMOTE EMOTIONAL, BEHAVIORAL, AND WORKPLACE HEALTH

Faculty Staff Assistance Program (FSAP) offers a variety of programs and services. FSAP services are available to all benefits-eligible faculty, staff, physicians, and their benefits-eligible family members, starting at age 11.

Learn more by visiting the website: [Faculty Staff Assistance Program](#)



Career Navigation Hub

RESOURCES TO ASSIST YOU WITH YOUR CAREER AND PROFESSIONAL DEVELOPMENT

The Career Navigation Hub is a structured process designed to help employees explore and manage their career growth at Emory University. This process consists of a few unique elements to encourage and stimulate your career growth:

- Career Coaching
- Career navigation tools in Bullseye
- Career development trainings and resources

Learn more by visiting the website: [The Career Navigation Hub](#)



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